



# INTERNATIONAL SOCIETY OF COSMETOGYNECOLOGY

An Association of Specialists in Female Cosmetic Surgery and Medicine

**Seminars and Live Hands-on Training for Liposuction Surgery  
and Cosmetic Procedures**

## MEDICAL COSMETIC PROCEDURES & COMPREHENSIVE LIPOSUCTION AND FAT TRANSFER TECHNIQUES

*Jointly Sponsored with  
Academy of Medicine of Richmond*

**PRECEPTORSHIP CO-DIRECTORS**

**Marco Pelosi II, MD  
Marco Pelosi III, MD**

**LOCATION**

**Pelosi Medical Center Bayonne, New Jersey**

**2014 DATES**

**Comprehensive Liposuction  
& Fat Transfer Under Local**

**Anesthesia: Seminar  
& Hands-on Liposuction Surgery**

**January 25 - 26**

**February 21 - 22**

**May 17- 18**

**August 22- 23**

**October 25- 26**

**Cosmetic Medical Procedures:**

*Seminar and Hands-on Training*

**January 24**

**May 16**

**October 24**

Live Demonstration and Hands-on Training of all Major Upper  
and Lower Facial Injectable and Fat Transfer Techniques

**Accredited for up to 26 hours of AMA PRA Category 1 Credits™**

## PRECEPTORSHIP CO-DIRECTORS

**Marco Pelosi II, MD, FACOG, FACS, FICS, FAACS** – Course Director and CME Coordinator, Director of Pelosi Medical Center; President and Founder, ISCG, Bayonne, NJ

**Marco Pelosi III, MD, FACOG, FACS, FICS, FAACS** – Associate Director of Pelosi Medical Center; Vice President and Co-Founder, ISCG, Bayonne, NJ

## ACCREDITATION

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Medical Society of the State of New York (MSSNY) through the joint sponsorship of the Academy of Medicine of Richmond and the International Society of Cosmetogynecology. The Academy of Medicine of Richmond is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians. The Academy of Medicine of Richmond designates this live activity for a maximum of 26 hours of AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COMMERCIAL SUPPORT

All education grants for continuing medical education programs sponsored by the Academy of Medicine are in strict compliance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME). A copy of these standards for commercial support is available upon request.

## FACULTY DISCLOSURE

The Academy of Medicine of Richmond relies upon invited faculty participants in its CME programs to provide educational information that is objective and free of bias as much as possible. In the spirit, and in accordance with the guidelines of the program sponsor, the faculty participants are expected to indicate any commercial relationship that may be perceived as real or apparent conflicts of interest.

## CERTIFICATION OF CME CREDIT

Following completion of the program, the Academy of Medicine of Richmond will issue certificates to all participants based on documented attendance at the various educational sessions.

### MODULE I

#### Office Medical Cosmetic Procedures

Day 1

8 CME Credits

#### Course Overview

- Office Cosmetic Medical Procedures
- Botox Aesthetic, Restylane, Fat and Other Cosmetic Fillers
- Lasers / Intense Pulsed Light Cosmetic Treatments including Hair Removal, Vein Removal and Skin Enhanced Photorejuvenation
- Microdermabrasion

#### Objectives

- Enhance knowledge of medical cosmetic procedures
- Learn basic performance of botox and cosmetic fillers
- Learn basic performance of microdermabrasion
- Learn basic performance of lasers/intense pulsed light treatments
- Enhance knowledge of how to introduce cosmetic services into the practice including marketing and management.

### MODULE II

#### Comprehensive Liposuction & Fat Transfer under Local Anesthesia

Days 2 & 3

18 CME Credits

#### Course Overview

- Introduction to Office Liposuction & Fat Transfer by Local Anesthesia
- The Role of the Cosmetic Surgeon in Performing Liposuction Surgery
- Tumescent Anesthesia
- Surgical Principles and Safety of Office Surgical Cosmetic Procedures
- Patient Selection
- Pre-op Preparation and Postoperative Care
- Liposuction Techniques: Standard suction assisted, Power Assisted Liposuction, Low Level Laser Liposuction, Laser lipolysis (CoolLipo, Smartlipo)
- Live Surgery Workshop
- Complications of Tumescent anesthesia and Liposuction
- How to Manage and Market a Cosmetic Gyn Practice
- Rewards of a Cosmetic Surgery Practice
- Post Training Support and Education
- Recommended affiliations
- Malpractice and Medico-legal Issues

#### Objectives

- Enhance knowledge of liposuction and fat transfer techniques
- Become familiar with office tumescent liposuction by local anesthesia
- Become familiar with instrumentation required to perform office liposuction procedures
- Become adept at office liposuction techniques and instrumentation by participating in the workshop
- Extend knowledge of liposuction complications, their prevention, and management





## MODULE I: OFFICE MEDICAL COSMETIC PROCEDURES

### DAY 1

09:00 – 09:30 am	Continental Breakfast & Registration
09:30 – 09:45 am	Rationale of adding Cosmetic Procedures & Liposuction to Your Office Practice
09:45 – 10:05 am	Botox® Aesthetic
10:05 – 10:35 am	Restylane, Fat and other Injectable Cosmetic Fillers
10:35 – 11:05 am	Microdermabrasion
COFFEE BREAK (11:05 - 11:20 AM)	
11:20 – 11:50 am	Cosmetic Lasers and Intense Pulsed Light for Hair Removal, Pigmented Lesions, Vein Removal, and Enhanced Skin Photorejuvenation
11:50 – 12:20 pm	Cosmetic Lasers and Intense Pulsed Light for Hair Removal, Pigmented Lesions, Vein Removal, and Enhanced Skin Photorejuvenation
12:20 – 01:30 pm	Hands-on Training in Intense Pulsed Light for Hair Removal, Pigmented Lesions, Vein Removal, and Enhanced Skin Photorejuvenation
LUNCH BREAK (01:30 - 02:30 PM)	
02:30 – 03:30 pm	Hands-on Microdermabrasion
COFFEE BREAK (03:30 - 3:45 PM)	
03:45 – 04:15 pm	Implementing Medical Cosmetic Procedures in your Practice
04:15 – 04:45 pm	The Business of Medical Cosmetics
04:45 – 05:15 pm	Integrating Medical & Surgical Aesthetic Procedures
05:15 – 06:15 pm	Hands-on Training Botox® Cosmetic
06:15 – 07:15 pm	Hands-on Restylane, Juvederm, Radiesse and other injectable cosmetic fillers
07:15 – 07:30 pm	Question and Answer Session

## MODULE II: COMPREHENSIVE LIPOSUCTION AND FAT TRANSFER UNDER LOCAL ANESTHESIA

### DAY 2

09:00 – 09:30 am	Opening Comments and Continental Breakfast
09:30 – 09:40 am	Office Liposuction under Local Anesthesia: An Overview
09:40 – 09:50 am	Liposuction Credentials & Qualifications: The Facts
09:50 – 10:10 am	Patient Selection, Work-up and Consent
10:10 – 10:20 am	Preoperative and Postoperative Photography
10:20 – 10:30 am	Preoperative Preparation and Medications
10:30 – 10:50 am	Tumescent Anesthesia Solution Preparation
10:50 – 11:00 am	Safety of Office-based Liposuction by Local Anesthesia. Lidocaine Side Effects: Recognition & Management
COFFEE BREAK (11:00 - 11:15 AM)	
11:15 – 11:30 am	Technique of Marking Fat Deposits
11:30 – 11:45 am	Technique of Tumescent Anesthesia Infiltration
11:45 – 12:15 pm	Current Liposuction Techniques and introduction to Laser Lipolysis, Ultrasonic Liposuction & Other Technologies
12:15 – 12:30 pm	Liposculpturing: The Final 30 Minutes
12:30 – 12:45 pm	Postoperative Care and Recovery
12:45 – 01:00 pm	Liposuction Complications and Procedure Touch-ups
LUNCH BREAK (01:00 - 01:30 PM)	
01:30 – 02:00 pm	Video Session: Overview of a Typical Lipo Procedure "Skin-to-Skin", Plus Vaser Ultrasound Liposuction, Power Assisted Liposuction, Low Level Laser Lipo, and Laser Lipolysis (CoolLipo / Smartlipo)
02:00 – 03:00 pm	Live Surgery Demonstration & Observational Surgical Training of Office Liposuction
COFFEE BREAK (03:00 - 03:15 PM)	
03:15 – 05:45 pm	Live Surgery Demonstration & Observational Surgical Training of Office Liposuction (Continued)
05:45 – 06:00 pm	Clinical Staff Training Requirements
06:00 – 06:30 pm	The Process of Obtaining Malpractice Insurance for Liposuction and Cosmetic Procedures
06:30 – 07:00 pm	Round Table Discussion

### DAY 3

09:00 – 01:00 pm	Live Surgery Workshops: Hands-on Surgical Training Round Table Discussion
LUNCH BREAK (01:00 - 01:30 PM)	
01:30 – 03:30 pm	Live Surgery Workshops: Hands-on Surgical Training (Continued)
COFFEE BREAK (3:30 - 4:00 PM)	
04:00 – 04:10 pm	Implementing Office Liposuction: How to Set up the Office Liposuction Suite
04:10 – 04:20 pm	Malpractice Insurance and Liposculpturing
04:20 – 04:30 pm	ISCG Post-Training Support, Recommended Professional Affiliations
04:30 – 04:40 pm	The Business of Office Liposuction
04:40 – 04:50 pm	Advertising and Promotional Materials
04:50 – 05:00 pm	OR Setup, Equipment, and Supplies
05:00 – 05:10 pm	Handling the Dissatisfied or Difficult Patient
05:10 – 06:00 pm	Individualized Support & Planning with ISCG Staff
06:00 – 06:30 pm	Awarding of Certificates

# REGISTRATION FORM

(Limited Enrollment)

# AT PELOSI MEDICAL CENTER, BAYONNE, NEW JERSEY

**Module 1:** Office Medical Cosmetic Procedures

**8 CME credits**

**Module 2:** Comprehensive Liposuction & Fat Transfer under Local Anesthesia

**18 CME credits**

**Course Fee** includes attendance at all applicable sessions, syllabus materials, continental breakfast, breaks, lunch, and shuttle transportation services between the Hyatt Regency Hotel and the Pelosi Medical Center

**Date(s) of Attendance:**

	<input type="checkbox"/> <b>Module I (Day 1)</b>	<input type="checkbox"/> <b>Module II (Days 2 &amp; 3)</b>	<input type="checkbox"/> <b>Module I &amp; II (Days 1, 2 &amp; 3)</b>	<b>Amount</b>
<b>Non-Member</b>	\$1,600	\$4,500	\$5,600	
<b>ISCG Member</b>	\$1,450	\$4,100	\$5,100	
<b>Clinical Support Staff</b> (non-physician) Covers meals and shuttle	\$150	\$300	\$450	
			<b>TOTAL</b>	<b>\$</b>

PHYSICIAN ATTENDEE (please print)	PAYMENT INFORMATION
First Name _____ M.I. _____ Last Name _____ Title _____ Mailing Address _____ _____ City _____ State _____ Zip _____ Country _____ Phone _____ Fax _____ Email _____ Medical License # _____ Specialty _____ Print your name below as you would like it to appear on your certificate: _____ Name of additional clinical support staff (non-physicians) who will be accompanying you at the workshop (include credentials). _____ _____	<input type="checkbox"/> Check (Make check payable to: <b>ISCG</b> ) <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Amex Card # _____ Exp. Date _____ *CVV2/CVC2 _____ (REQUIRED) Name on Card (print) _____ Cardholder Signature _____ Billing Address (if different than mailing address) _____ _____ * <b>CVV2/CVC2:</b> For Visa and Mastercard: the last 3 digits printed in the signature space on the back of the credit card. For American Express: the 4-digit number on the front of the card. <b>COURSE LOCATION</b> The Pelosi Medical Center, located at 350 Kennedy Blvd. (between 12th & 13th St), Bayonne, NJ, is approximately 15 minutes driving distance from the Newark Airport hotels <b>CANCELLATION AND REFUNDS</b> Requests for cancellation of course registration must be made in writing by fax to 201-339-5030 or email to <a href="mailto:contact@iscgyn.com">contact@iscgyn.com</a> no later than one week prior to the first day of the course. No refunds of registration fees will be issued after that time. <b>HOW DID YOU HEAR ABOUT US</b> Magazine _____ Convention _____ Search Engine _____ Mailing _____ Newspaper _____ Friend _____ Doctor _____ Other _____

For questions on course content, contact **Dr. Marco Pelosi II** or **Dr. Marco Pelosi III** at tel (201) 436-8025 Email: [contact@iscgyn.com](mailto:contact@iscgyn.com)

Please return this completed form with payment by **MAIL** to: **ISCG • 350 Kennedy Boulevard • Bayonne, NJ 07002**

To expedite the registration process, you may also **FAX** a copy of the completed form to: **ISCG • Fax (201) 339-5030 • Attn: Course Coordinator • Tel (201) 436-8025**

**Visit the International Society of Cosmetogynecology at [www.iscgin.com](http://www.iscgin.com)**

## HOTELS

**A Wyndham Garden Hotel - Newark Airport**  
 550 Route South, Newark, NJ 07114  
 T: 973-824-4000  
 Driving Distance: 10.8 mi

**B Holiday Inn Newark Int'l Airport**  
 160 Frontage Rd, Newark, NJ  
 T: 973-589-1000  
 Driving Distance: 8.0 mi

**C Hyatt Regency Jersey City on the Hudson**  
 2 Exchange Place in Jersey City, New Jersey, offers a discounted room rate to all ISCG course attendees. You can receive the discounted rate by entering the Group/Corporate # 45411 online at [www.jerseycity.hyatt.com](http://www.jerseycity.hyatt.com) during the reservation process or by calling 201-469-1234 and mentioning the Group/Corporate # to the reservations personnel.

### DRIVING DIRECTIONS

**From points north of Bayonne, New Jersey:**

Take the New Jersey Turnpike South, crossing along New Jersey Turnpike Extension Bridge over Newark Bay, to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.

**From New Jersey points south of Bayonne, New Jersey:**

Take the New Jersey Turnpike North to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.

**From points west of Bayonne, New Jersey:**

Travel on Interstate Route 78 East to the New Jersey Turnpike. Follow signs for the Holland Tunnel, crossing along New Jersey Turnpike Extension Bridge over Newark Bay, to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.

**\* SHUTTLE SERVICE**

Free shuttle transportation service is provided between the Hyatt Regency Jersey City on the Hudson and Pelosi Medical Center. To reserve a seat, please send an email to [contact@iscgyn.com](mailto:contact@iscgyn.com). Indicate your full name and the dates you will be attending the course. We will then send you an email confirmation. The shuttle can be identified by a sign in its windshield that states ISCG Workshop. It will arrive at the hotel 15 minutes prior to its departure time.

Shuttle Schedule	Friday	Saturday	Sunday
Depart from Hyatt Regency Hotel to Pelosi Medical Center	8:30 am	8:30 am	8:30 am
Depart from Pelosi Medical Center to Hyatt Regency Hotel	7:30 pm	7:00 pm	6:30 pm

