



# INTERNATIONAL SOCIETY OF COSMETOGYNECOLOGY

An Association of Specialists in Female Cosmetic Surgery and Medicine

Jointly Sponsored with **Academy of Medicine of Richmond**

# ABDOMINOPLASTY

## *Workshop and Live Surgery*

### **FACULTY**

MARCO A. PELOSI II, MD

MARCO A. PELOSI III, MD

### **LOCATION**

**Pelosi Medical Center  
350 Kennedy Boulevard  
Bayonne, NJ 07002**

**Up to Four Live Abdominoplasty Surgeries**

**Accredited for up to 15 hours of AMA PRA Category 1 CME Credits™**



# ABDOMINOPLASTY

## FACULTY

Marco Pelosi II, MD, FACOG, FACS, FICS, FAACS - Director, Pelosi Medical Center; President and Founder, ISCG, Bayonne, NJ

Marco Pelosi III, MD, FACOG, FACS, FICS, FAACS - Associate Director, Pelosi Medical Center; Vice President and Founder, ISCG, Bayonne, NJ

## ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Medical Society of the State of New York (MSSNY) through the joint providership of the Academy of Medicine of Richmond and the International Society of Cosmetogynecology. The Academy of Medicine of Richmond is accredited by the Medical Society of the State of New York to provide continuing medical education for physicians. The Academy of Medicine of Richmond designates this live activity for a maximum of 15 hours of AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## COMMERCIAL SUPPORT

All education grants for continuing medical education programs sponsored by the Academy of Medicine are in strict compliance with the guidelines of the Accreditation Council for Continuing Medical Education (ACCME). A copy of these standards for commercial support is available upon request.

## FACULTY DISCLOSURE

The Academy of Medicine relies upon faculty participants in its CME programs to provide educational information that is objective and free of bias as much as possible. In the spirit, and in accordance with the guidelines of the program sponsor, the faculty participants are expected to indicate any commercial relationship that may be perceived as real or apparent conflicts of interest.

## CERTIFICATION OF CME CREDIT

Following completion of the program, the Academy of Medicine of Richmond will issue certificates to all participants based on documented attendance at the

### DAY 1

- Lectures and video sessions
- OR sessions
- Comprehensive review of all techniques of abdominoplasty

### DAY 2

- Didactic review with questions and answers
- Postoperative examination of Day 1 patients
- OR sessions
- Prevention and management of complications

## OBJECTIVES

Become knowledgeable in patient selection, preoperative preparation, markings, tumescent anesthesia infiltration, liposuction, dermolipectomy, management of the umbilicus and rectus diastasis, closure techniques and prevention of dog ears.

Become knowledgeable in the principles of office minimally invasive effective cosmetic abdominoplasty

Enable the physician to safely and effectively perform abdominoplasty procedures under local anesthesia, sedation, or general anesthesia

## DAY 1 (FRIDAY)

<b>09:00 – 09:30 am</b>	Opening Comments and Continental Breakfast
<b>09:30 – 09:45 am</b>	Office Surgery under Local Anesthesia: An Overview
<b>09:45 – 10:00 am</b>	The Role of Liposculpture in Abdominoplasty
<b>10:00 – 10:15 am</b>	The History and Evolution of Abdominoplasty
<b>10:15 – 10:30 am</b>	A Review and Critique of Traditional Abdominoplasty Techniques
<b>10:30 – 10:45 am</b>	The Avelar Abdominoplasty Technique: Advantages and Limitations
<b>10:45 – 11:00 am</b>	The Saldanha Abdominoplasty Technique
<b>11:00 – 11:30 am</b>	COFFE BREAK

# Workshop and Live Surgery

**11:30 – 12:30 pm** Introduction of the ISCG Minimally Invasive Abdominoplasty System  
Patient Selection  
Preoperative Preparation and Medications  
Key Anatomical Landmarks and Measurements  
Technique of Marking and Tumescent Anesthesia Infiltration for Abdominoplasty  
Technique for the Liposuction Phase of the Abdominoplasty  
Technique for the Dermatolipectomy Phase of the Abdominoplasty  
Management of the Umbilicus  
Management of the Rectus Diastasis  
Prevention of Dog Ears  
Closure Technique

**12:30 – 01:00 pm** LUNCH BREAK

**01:00 – 05:00 pm** Live Surgery: Abdominoplasty.... Marco Pelosi II, MD and Marco Pelosi III, MD

**03:30 – 03:45 pm** COFFEE BREAK

**05:00 – 06:00 pm** Postoperative Video Analysis of Cases

**06:00 – 06:30 pm** Round Table Discussion

## DAY 2 (SATURDAY)

**09:00 – 09:30 am** CONTINENTAL BREAKFAST

**09:30 – 09:45 am** Immediate Postoperative Care of Abdominoplasty Patient

**09:45 – 10:00 am** Delayed Postoperative Care of the Abdominoplasty Patient

**10:00 – 10:15 am** The Essential Components of the ISCG Minimally Invasive Abdominoplasty System

**10:15 – 10:30 am** Prevention and Management of Complications and Delayed Procedure Touch-Ups

**10:30 – 10:45 am** COFFEE BREAK

**10:45 – 02:45 pm** Live Surgery: Abdominoplasty... Marco Pelosi II, MD and Marco Pelosi III, MD

**01:00 – 01:30 pm** LUNCH BREAK

**01:30 – 02:45 pm** Live Surgery: Abdominoplasty (continued)

**02:45 – 03:45 pm** Postoperative Analysis of Cases

**03:45 – 04:00 pm** COFFEE BREAK

**04:00 – 05:00 pm** Round Table Discussion

**05:00 – 06:00 pm** Video Festival of Abdominoplasty

**06:00 – 06:30 pm** Distribution of Certificates



# ABDOMINOPLASTY WORKSHOP REGISTRATION FORM

AT PELOSI MEDICAL CENTER, BAYONNE, NEW JERSEY

(Limited Enrollment)

**Workshop Date** \_\_\_\_\_

**Workshop Fee:** Includes attendance at all applicable sessions, syllabus materials, continental breakfast, and lunch.

	Non-Member	ISCG Member	Amount
Physician	\$6,900	\$6,300	
Clinical Support Staff	\$300	\$300	
		<b>TOTAL</b>	<b>\$</b>

PHYSICIAN ATTENDEE (please print)	PAYMENT INFORMATION
First Name _____ M.I. _____	<input type="checkbox"/> Check (Make check payable to: <b>ISCG</b> ) <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Amex
Last Name _____ Title _____	Card # _____
Mailing Address _____	Exp. Date _____ *CV2/CVC2 _____ (REQUIRED)
_____ City _____	Name on Card (print) _____
State _____ Zip _____	Signature _____ *
Country _____	<b>CV2/CVC2:</b> For Visa and Mastercard – the last 3 digits printed in the signature space on the back of the credit card.
Phone _____	For American Express – the 4-digit number on the front of the card.
Fax _____	<b>COURSE LOCATION</b>
Email: _____	The Pelosi Medical Center, located at 350 Kennedy Blvd. (between 12th & 13th St), Bayonne, NJ, is approximately 15 minutes driving distance from the Newark Airport hotels
Medical License # _____	<b>CANCELLATION AND REFUNDS</b>
Specialty _____	Requests for cancellation of course registration must be made in writing by fax to 201-339-5030 or email to <a href="mailto:contact@iscgyn.com">contact@iscgyn.com</a> no later than one week prior to the first day of the course. No refunds of registration fees will be issued after that time.
Print your name below as you would like it to appear on your certificate: _____	<b>HOW DID YOU HEAR ABOUT US</b> Magazine _____ Convention _____
Name of additional clinical support staff (non-physicians) who will be accompanying you at the preceptorship (include credentials). _____ _____	Search Engine _____ Mailing _____ Newspaper _____ Friend _____
	Doctor _____ Other _____

**For questions on course content, contact: Dr. Marco Pelosi II - tel 201-858-1800 fax 201-339-5030 Email: [mpelosi2@iscgyn.com](mailto:mpelosi2@iscgyn.com)**

Please return this completed form with payment by MAIL to: ISCG • 350 Kennedy Boulevard • Bayonne, NJ 07002

To expedite the registration process, you may also FAX a copy of the completed form to: ISCG • Fax: (201) 339-5030 **Attn: Course Coordinator • Tel: (201) 436-8025**

## HOTELS

### A

**Wyndham Garden Hotel - Newark Airport**  
550 Route South, Newark, NJ 07114  
T: 973-824-4000  
Driving Distance: 10.8 mi

### B

**Holiday Inn Newark Int'l Airport**  
160 Frontage Rd, Newark, NJ  
T: 973-589-1000  
Driving Distance: 8.0 mi

### C

**Hyatt Regency Jersey City on the Hudson\*** ✓  
2 Exchange Place in Jersey City, New Jersey, offers a discounted room rate to all ISCG course attendees. You can receive the discounted rate by entering the Group/Corporate # 45411 online at [www.jerseycity.hyatt.com](http://www.jerseycity.hyatt.com) during the reservation process or by calling 201-469-1234 and mentioning the Group/Corporate # to the reservations personnel.

## DRIVING DIRECTIONS

### From points north of Bayonne, New Jersey:

Take the New Jersey Turnpike South, crossing along New Jersey Turnpike Extension Bridge over Newark Bay, to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.

### From New Jersey points south of Bayonne, New Jersey:

Take the New Jersey Turnpike North to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.

### From points west of Bayonne, New Jersey:

Travel on Interstate Route 78 East to the New Jersey Turnpike. Follow signs for the Holland Tunnel, crossing along New Jersey Turnpike Extension Bridge over Newark Bay, to Exit 14A (Bayonne). After tollbooth, bear left at traffic light and proceed straight ahead to Avenue E. Continue on Avenue E until you reach 12th street. Make a right at 12th street and continue for 3 blocks until you reach JFK Boulevard. Pelosi Medical Center is located between 11th and 12th street on JFK Boulevard.



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